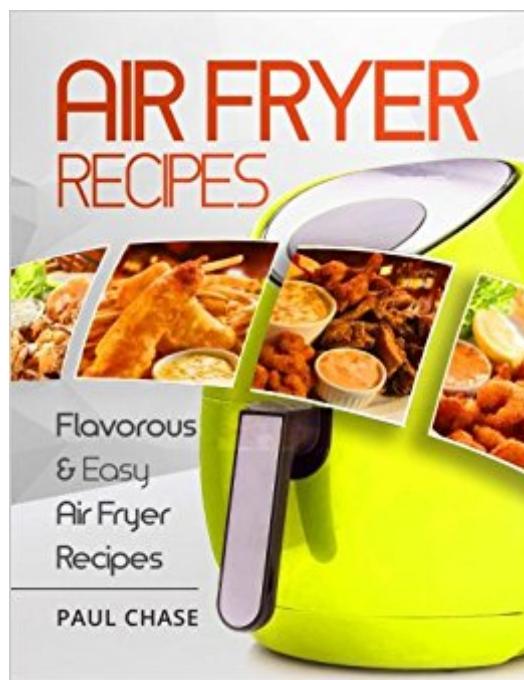


The book was found

Air Fryer Cookbook: Flavorous And Easy Air Fryer Recipes



Synopsis

If you want to get delicious, quick and easy recipes for your Air Fryer than this book is for you Air fryer itself has many benefits. There are a few of them: Low-fat meals Easy cleanup Uses hot-air circulation, the air fryer cooks your ingredients from all angles- with no oil needed. This ultimately produces healthier foods than most fryers and spares you from that unwanted aroma of fried foods in your home. So you don't have to choose between healthy and tasty food anymore! Using the air frying method, you can fry everything without health risks. If you want to stay healthy and enjoy your favorite fried food this book is for you. Moreover, air-fried food helps you to lose weight with ease. And this cookbook can also teach you how to cook delicious meals quickly and easily with your air fryer! Inside you will find: 30 different air fryer recipes with photos. All the recipes are unique Recipes for vegetarians and meat eaters. Recipes for breakfast, snacks, meat, seafood and dessert. Grab your copy now!

Book Information

Paperback: 32 pages

Publisher: CreateSpace Independent Publishing Platform (June 10, 2017)

Language: English

ISBN-10: 1547279583

ISBN-13: 978-1547279586

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 3.5 out of 5 stars 19 customer reviews

Best Sellers Rank: #176,961 in Books (See Top 100 in Books) #80 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Fryers

Customer Reviews

Maybe I got the wrong book..... All the recipes are in black and white and about as simple as you can get. For example, the air fried chicken wings consist of "4 lbs. of chicken, salt and pepper to taste and BBQ sauce." It appears that someone printed some webpages (the FREE GIFT actually says Click Here on the page). This book brings new meaning to "EASY." I guess if you are looking for very very basic recipes then this is the book for you. After glancing through most of the book, all 29 pages of it, I must say I'm very disappointed. Could have done better with a couple minutes on Google...

Since I got my Airfryer I've been using it constantly, and this book is so helpful for ideas about what to make. I've gotten my family interested in buying one, and I shared this book with them so they can see the possibilities. I downloaded the book before purchasing the Airfryer, and it was one of the things that sold me on the product. Love it!

Great recipes and I am enjoying trying a new one almost on a daily basis. I love the fact that it has pictures and if you follow the directions your healthy food will look just like the pictures.

After reading and Using the air frying method, now I can fry everything without health risks. If you want to stay healthy and enjoy your favorite fried food this book is for you like what I did.

The color cover is great, but inside are black and white, low quality photocopied pages. At least make them color photocopied so you can get a better idea of what the final product will look like. Eh

Very disappointed in this book. Very limited recipes using ready made ingredients. (One recipe has us using pasta, frozen meatballs and a jar of spaghetti sauce.) Not sure what books everyone else were reviewing. Save your money.

I didn't expect for the price. It has a few good recipes. Haven't try them all. A few in the book repeats. I am thinking of it as a learners, New to air frying cooking.

This is one of the several books I purchased because I have always been impressed with the books I get for Kindle.

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